



Lympstone C of E Primary School PE Policy 2025

‘Let all that you do be done in love’

1 Corinthians 16:14

Vision Statement

“Let all that you do be done in love.” (1 Corinthians 16:14)

‘At the heart of our school is a sense of community where we celebrate individuals and share our values to enhance the local and global family. Our values underpin everything we do. These are: Love, Peace, Compassion, Friendship, Forgiveness, Perseverance, Thankfulness and Trust. We support children to understand our values in action throughout school and to place a high level of importance on their own SEMH needs and the needs of others.’

Intent -Aims

The broad aims of Physical education are set out within Primary National Curriculum 2014. The purpose of Physical Education in our school is to promote and provide opportunities to engage in Physical Education. By providing a wide variety of opportunities both in school and off site, our pupils will become healthy, confident through raising self-esteem and active young people ready for the next stage of their lives. We strive to give children the opportunity to compete internally, and with other schools to instill values of determination, respect, friendship, courage, equality and inspiration.

The aims of Physical Education at Lympstone Church of England Primary – Inspiring, Believing, Achieving:

- We aim to inspire and engage children’s interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community.
- We aim to foster children’s interest in physical wellbeing and healthy lifestyles in order to establish long lasting lifestyle messages.
- We aim to promote our Christian values through sports and positively encourage children to share, respect, support, trust and work together.
- To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency.
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas.
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising.
- To develop the ability to work as a team player, taking the lead and learning to work collaboratively with others.

- To promote an understanding of safe practice and develop a sense of responsibility towards their own and others' safety and well-being.

Implementation -Curriculum

The school is committed to delivering a broad and balanced physical education by providing range of activities and opportunities for our children.

Throughout the key stages, pupils will be taught with an emphasis on the following 4 strands:

- Acquiring and developing skills
- Selecting and applying skills
- Knowledge and understanding of fitness and health
- Evaluating and improving performance

The areas of activity for **Key Stage 1 and EYFS** are taught through LEAP focussing on: **Functional Movement, Movement Concepts, Aesthetic Movement and Manipulative Skills**. These also include **Games, Gymnastics, Dance**.

Areas of activity for **Key Stage 2** are:

- Net wall
- Outdoor Education
- Gymnastics
- Dance
- Swimming- (Years 4/5 and top up 5/6)
- Invasion Games
- Athletics
- Strike and Field

The coverage for all areas of activity for each class is set out in a curriculum map.

Physical education is taught twice weekly in each class to ensure that curriculum entitlement is met. To supplement this, we have additional PE focus days, trips, events and visitors through our partnership with Arena Schools and Dartmoor School Sport Programme. We also have a primary sports coach in 3 afternoons a week to teach PE for Year 3.4.5 and 6, plus additional support with Funfit groups and working with some of our SEND children.

Schemes of learning and resources used include PE planning, LEAP, TOPs PE and Devon PEDPASS PE supports the development of the theological perspective.

Each class has protected time and use of the Village Hall, Candy's field and the school playgrounds.

Daily physical PE

At Lympstone Primary School, we actively promote PE and fitness outside of allotted PE lessons. We begin each morning, after registering with a 10 mins blast of physical activity which includes: running, circuits and aerobics. These activities are tabled weekly for each term. We encourage our children to be active at playtimes using our young play leaders (YPL). Our play leaders take it in turns to run several different organised activities and one play ground is reserved for ball games at lunchtime. We have invested in a safe and fun trim trail and children's fitness gym area to keep children active too. Physical Literacy is embedded within our teaching and learning practice: such as active brain breaks, walks around the village, nature school or the use of programmes such as Imoves or Go Noodle in the classroom.

Through the Exmouth school's partnership, we also compete in many competitions' vs other schools. Dartmoor Sport Schools Programme provides a range of different festivals and competitions over the academic year which include, opportunities for Key Stage 1, Key Stage 2, SEND, Pupil premium, and More able.

Safe Practice

All teachers should make read the health and safety arrangements for the areas of activity that they are teaching. This school follows the 'Safe Practice in Physical Education and School Sport 2016' that includes lesson management, jewellery, clothing and changing procedures.

Impact

We aim for our children to leave Lympstone C of E Primary School physically literate with a passion for sport and exercise which is underpinned by a thorough understanding of what it means to truly be healthy – in mind, body and spirit. We hope that our children will become adults that can make informed choices about how they use and care for their bodies and that their choices lead to happy and content adulthood. Through exposure to a well-planned curriculum with many wider opportunities and adventurous activities we aim for our children to be confident to try new things and make full use of what our locality has to offer.

In addition, pupils are encouraged to use self-assessment to evaluate their own knowledge and understanding. A comment about their progress is made in the annual report to parents.

Coverage, Progression and attainment is monitored through talking to children, observations and assessment data collated termly. This is undertaken collaboratively by the class teacher, subject leader, Head and Governors at various scheduled times.

The coordinator is responsible for PE self-assessment process and reviewing the curriculum with staff and SLT. In addition, the governing body monitor the role of PE and therefore contribution to the Christian ethos of the school.

Entitlement and Inclusion - EAL, PP, SC, SEND, More Able

All children are entitled to access a broad and balanced curriculum at an appropriate level. Teachers should include a range of teaching styles and groupings to allow all children to make progress. Every child should be given opportunity to develop their skills independently and in groups, enhancing their own confidence and self-esteem.

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