

## Physical Education

### Our School values

Compassion	Friendship	Perseverance	Trust	Forgiveness	Thankfulness
Lympstone pupils care about themselves and others, valuing equity and inclusivity. They are supportive, empathetic, and show respect. They aspire to learn and grow as individuals through learning about the importance of physical education and physical literacy.	Lympstone pupils are collaborative. They support their class and school community. They listen to and value their peers. They are kind in their thoughts and actions. They take care when working together in teams and partnerships, supporting each other throughout the process.	Lympstone pupils are self-motivated. They take risks. They can apply resilience and try again when they are challenged, achieving pride in what they do. They persevere in their learning and when developing new physical skills.	Lympstone pupils ask questions to help them better understand. They listen to and trust their teachers and the resources they use. They are reflective and courageous in their learning. They are happy to accept new challenges.	Lympstone pupils move forward with their understanding and learning even when things go wrong. They start each new lesson and PE concept with an open mind, and understand that new learning is important.	Lympstone pupils are thankful for those around them and learn from each other in content and attitude. They value the educational opportunities, developing an understanding of different physical activities and the benefits they can bring to them.

Our core themes:	Acquiring and developing skills		Selecting and applying skills		Knowledge and understanding of fitness and health		Evaluating and improving performance		
Our disciplinary concepts:	LEAP	Net/Wall	Outdoor Education	Gymnastics	Dance	Swimming	Invasion games	Athletics	Strike & Field

#### Curriculum Aims

- Develop competence to excel in a broad range of physical activities
- To ensure that all pupils are physically active for sustained periods of time
- For all pupils to engage in competitive sports and activities
- For all pupils to lead healthy, active lives.

